



LOVE BY DESIGN™

ATTRACT YOUR MAN

3-Part Live Video Training

The Official Companion Workbook

with Polina Solda



Here's what to do right now:

Step 1: Mark your calendar for September 22, 27, and 29!

You're a busy professional woman—I get it. But this 3-part experience is a game-changer and you don't want to miss it. Simply click the buttons below to add this training to your calendar. We start live on September 22!

Click the buttons below to add this training to your calendar.

September 22
6 p.m. Eastern

[Part 1](#)

September 27
6 p.m. Eastern

[Part 2](#)

September 29
6 p.m. Eastern

[Part 3](#)

Here's the direct zoom link to join us for the live training:

<https://us02web.zoom.us/j/83991002058>

Step 2: Join our 3-Part Live Training: Attract Your Man Facebook group.

[Click here to join](#)

Step 3: Watch the replays.

[Click here to watch](#)

Part 2: How to Attract Your Man

How can you remove all the overwhelm, confusion and frustration so that you find, recognize and meet your man quickly and easily?

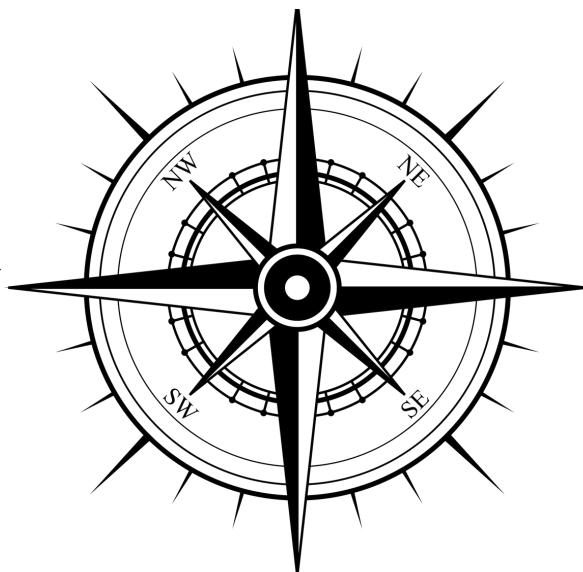
In my “Attract Your Man” live training, I’m revealing my 3-step process for dating fewer yet higher quality men in a way that makes finding the right man simple, easy and fun—with minimum time and effort.

What Role do you currently fill in your dating and love life?

[Click here to take the quiz](#)

Enter your result below:

There are 4 personality types:



#1 _____

#2 _____

#3 _____

#4 _____

The Principle of Dual Partners

A dual partner's type is _____ yet _____.

_____ and _____ are dual partner types.

_____ and _____ are dual partner types.

Step 1: Take a free personality type quiz to discover your basic type

[Click here to take the quiz](#)

What is your result? What is the current role that you take?

Step 2: Share your biggest takeaways and share your result in our [Facebook Group](#).

Contest:

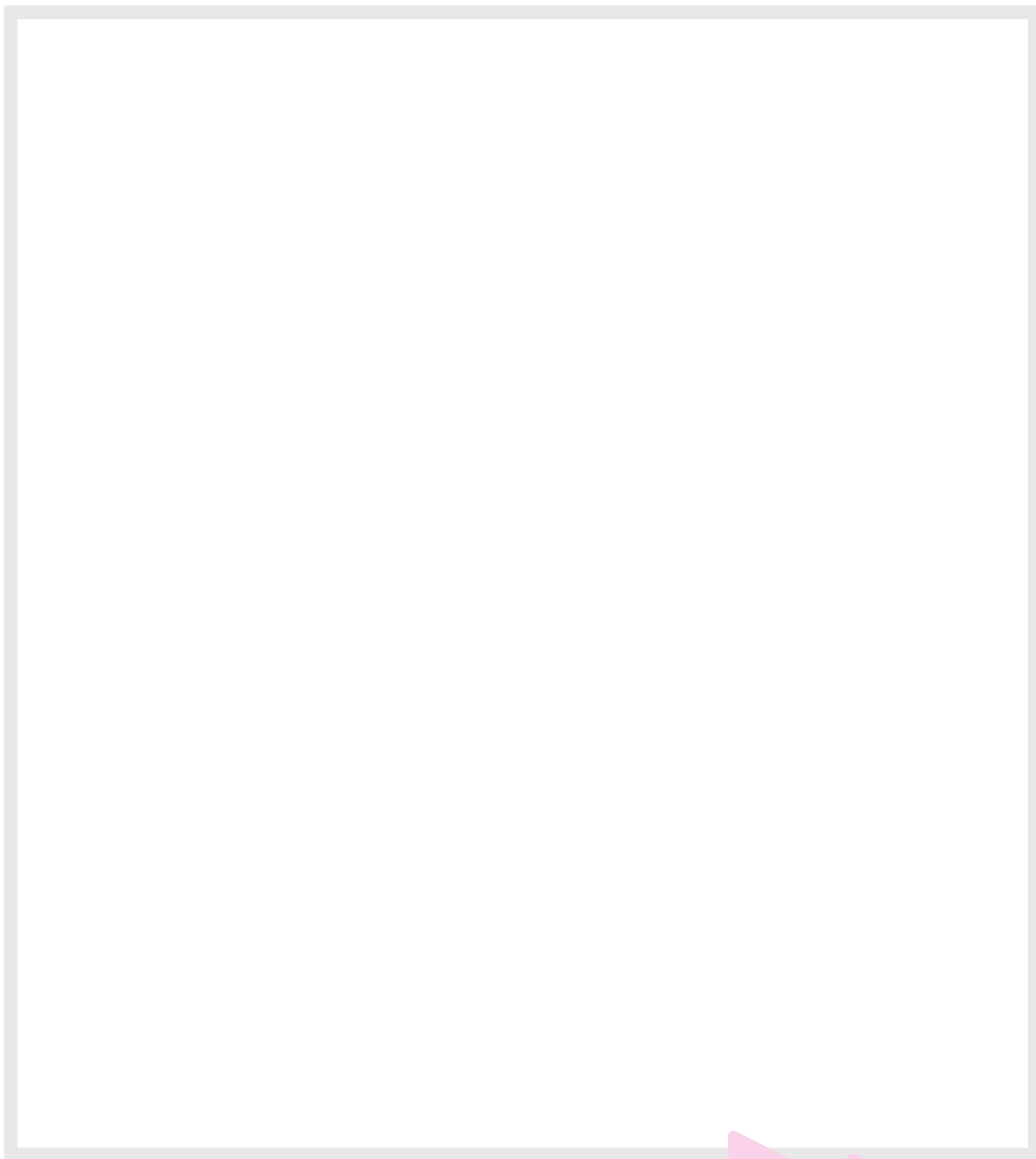


There's a daily prize on the line for each part of the video series! I'll be revealing the secret hashtag in today's live stream and one lucky lady who creates a post sharing her biggest aha moment from Part 1 will win a \$25 Amazon gift card and other surprise gifts!

Winners will be announced in the following day's live stream, so make sure you're tuning in every time I go live.

And, as a quick reminder, to win some cool prizes at the end of the video training, you must participate in all three training sessions to be eligible!

Your Notes



Share your progress,
breakthroughs and aha's with
me by tagging me on
Instagram

Connect with me



<https://www.facebook.com/polinasolda/>



<https://www.instagram.com/polina.solda/>



<https://www.tiktok.com/@polina.solda>



<https://www.youtube.com/user/polinasolda>



<https://podcasts.apple.com/us/podcast/love-by-design/>



<https://open.spotify.com/love-by-design>



<https://soundcloud.com/polinasolda>

Polina Solda

Polina is the founder and CEO of Love by Design. She began coaching professional single women in 2010. She's a master certified coach and a leading Eniostyle Expert in the U.S. who provides an example of what's possible in love. What makes her approach different is that it's based on a proven personality-typing system of Eniostyle. Polina hosts a highly rated podcast on iTunes: Love by Design. She's happily married and lives with her family in New York City. Polina loves yoga, dancing and traveling with her family and friends. She's been featured on CBS, Medium and other media.

