



LOVE BY DESIGN™

ATTRACT YOUR MAN

3-Part Live Video Training

The Official Companion Workbook

with Polina Solda



Here's what to do right now:

Step 1: Mark your calendar for September 22, 27, and 29!

You're a busy professional woman—I get it. But this 3-part experience is a game-changer and you don't want to miss it. Simply click the buttons below to add this training to your calendar. We start live on September 22!

Click the buttons below to add this training to your calendar.

September 22
6 p.m. Eastern

[Part 1](#)

September 27
6 p.m. Eastern

[Part 2](#)

September 29
6 p.m. Eastern

[Part 3](#)

Here's the direct zoom link to join us for the live training:

<https://us02web.zoom.us/j/83991002058>

Step 2: Join our 3-Part Live Training: Attract Your Man Facebook group.

[Click here to join](#)

Step 3: Watch the replays.

[Click here to watch](#)

Part 3: Your Personalized Blueprint to Love

Your *basic* personality type you *currently* identify with

Knowing your personality type will help you understand, accept and love yourself completely. When you align with and fully express yourself in your type, you'll attract your ideal type of man much **easier** and faster. **Personality typing** is the solution.

Take a quick **FREE** quiz to discover your *basic* personality type you *currently* identify with.

[Click here to take the quiz](#)

My personality type is _____.

Your Dual Partner's Type

"Your dual partner is already searching for you on the subconscious level."

My dual partner's type is _____.

Your Personalized Dating Framework

Your personality type plays a vital role in attracting your ideal dual partner's type and creating a relationship of your dreams.

Your Personalized Dating Framework =

More _____ and less _____.

Higher _____ and fewer _____

You'll discover that women who find their soulmates follow a very specific step-by-step process. But, if you're missing just one of these steps, you could be running into problems without even realizing it.

The Five Pillars for Attracting Your Man:

Pillar #1: _____

Pillar #2: _____

Pillar #3: _____

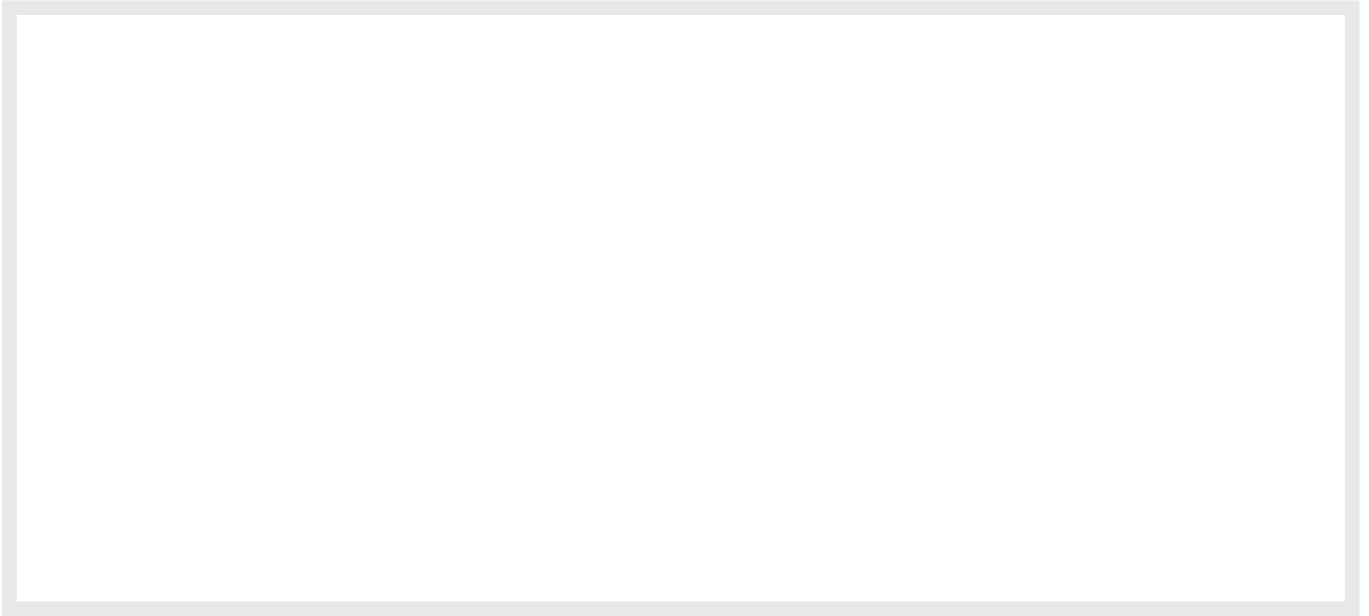
Pillar #4: _____

Pillar #5: _____

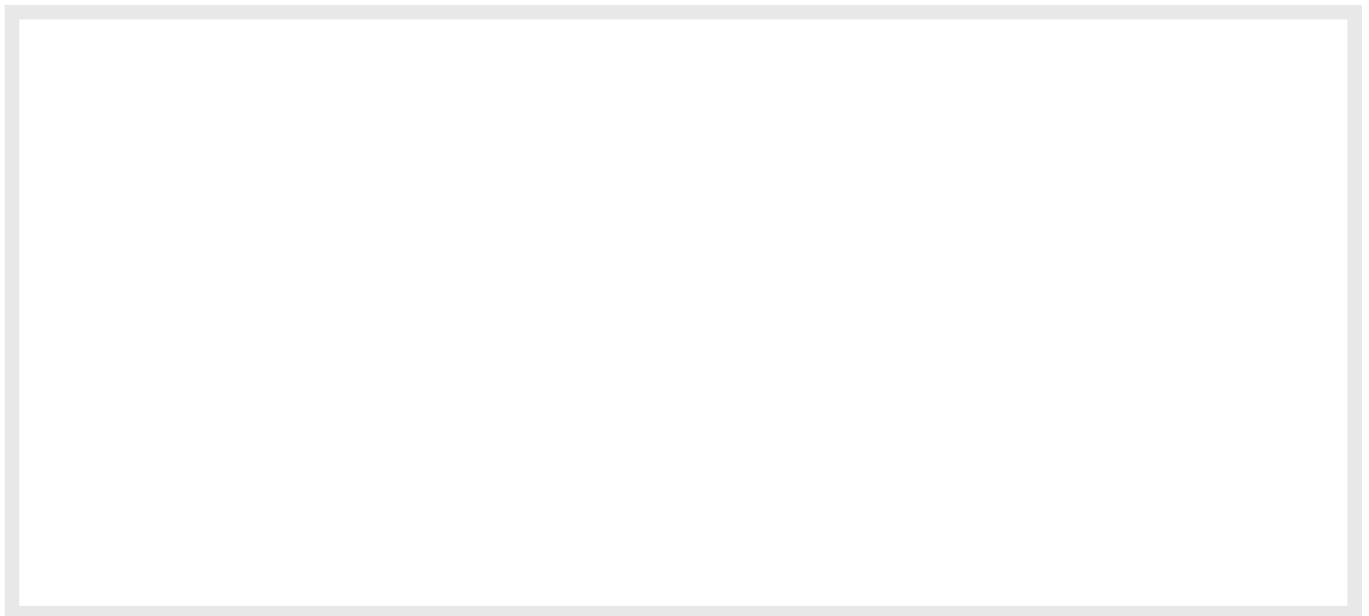
Share your progress,
breakthroughs and aha's with
me by tagging me on
Instagram

@polina.solda

Pillar #1: _____



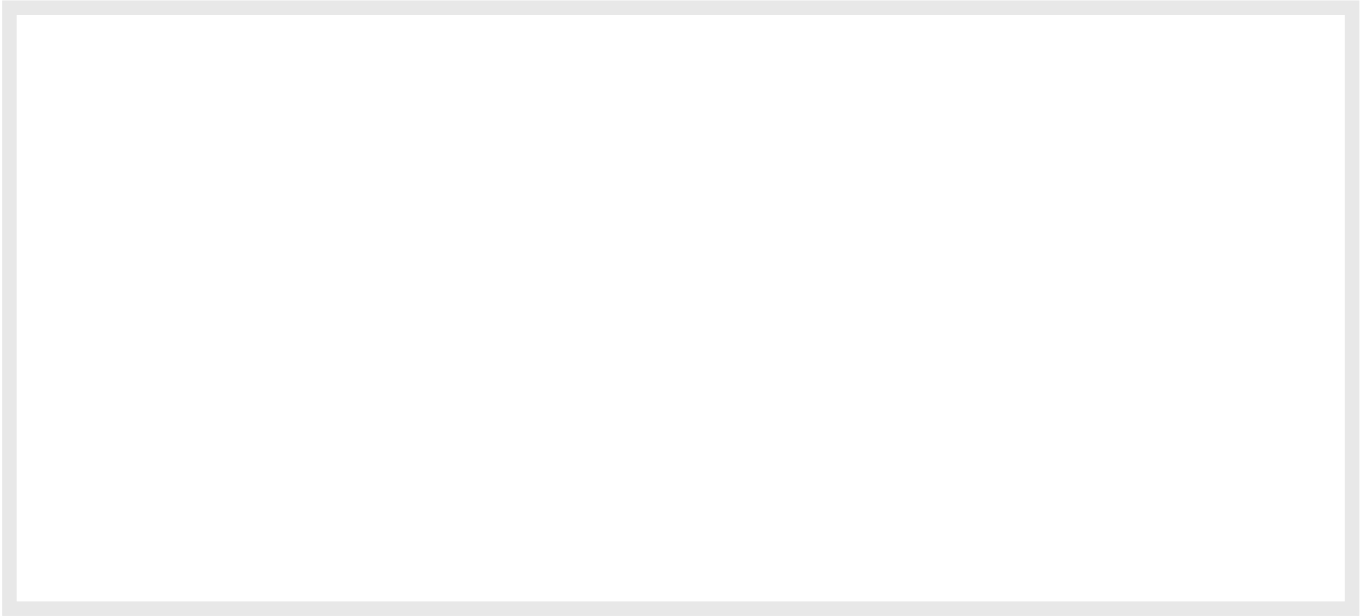
Pillar #2: _____



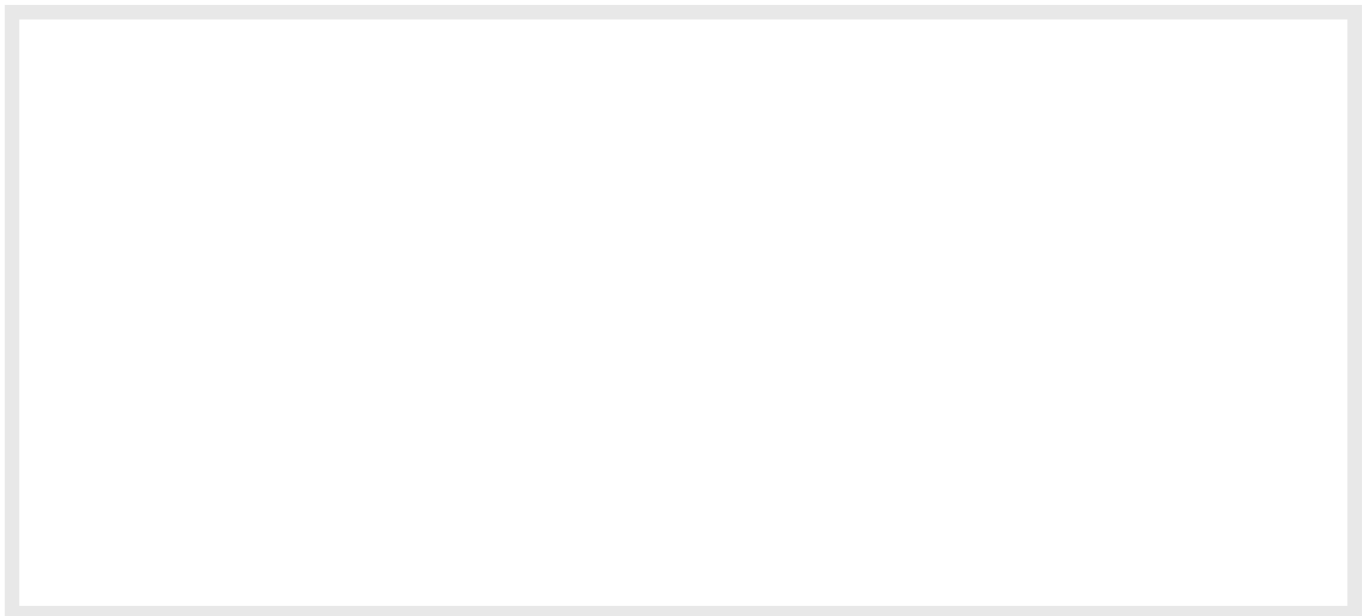
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breakthroughs and aha's with
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@polina.solda

Pillar #3: _____



Pillar #4: _____



Share your progress,
breakthroughs and aha's with
me by tagging me on
Instagram

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Pillar #5: _____

_____ and _____

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Episode 2:
Nourishing Yourself to Become the
Love You Wish to Attract

 Listen on
Apple Podcast

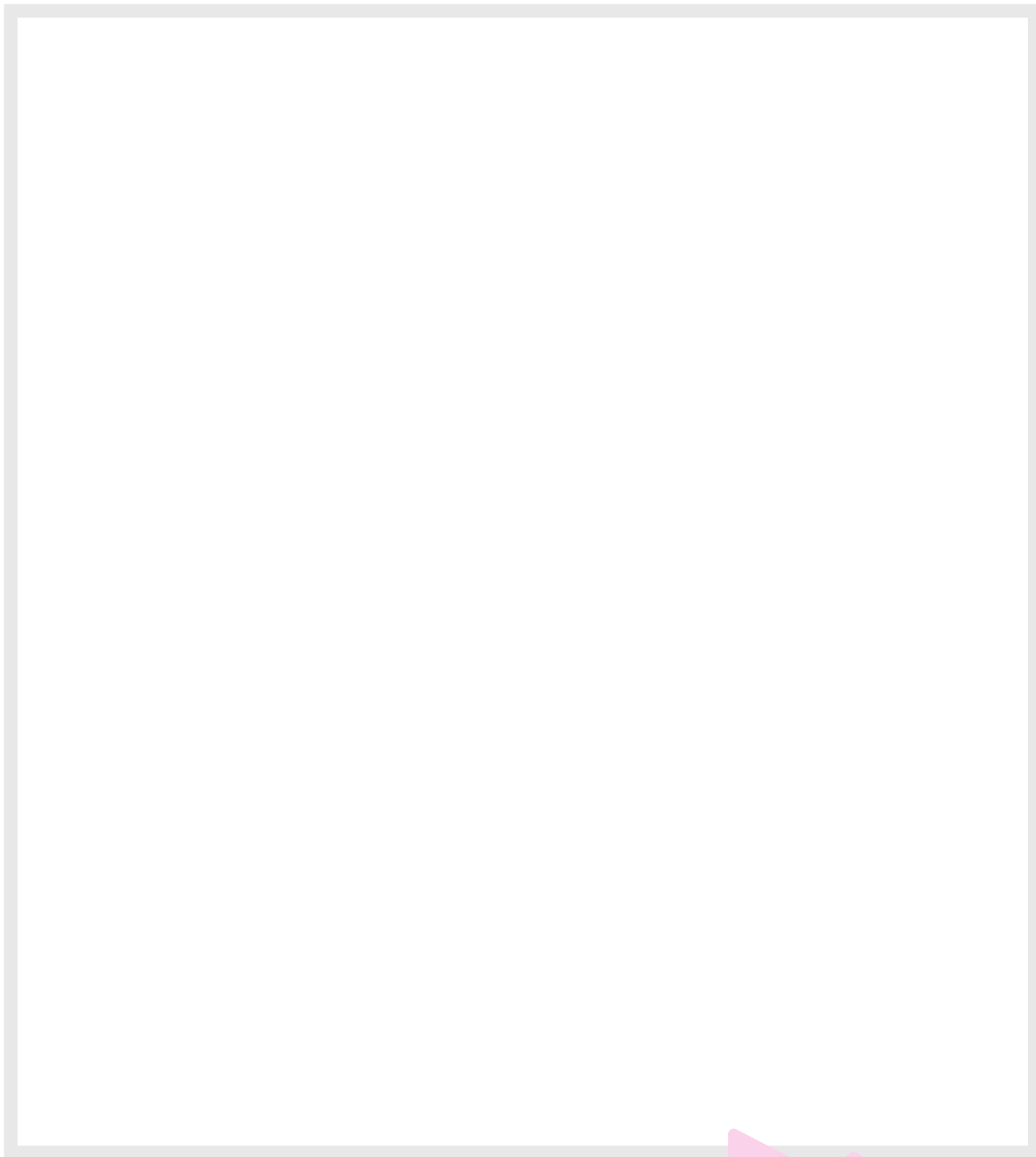
 Listen on Spotify



Click here to listen



Your Notes



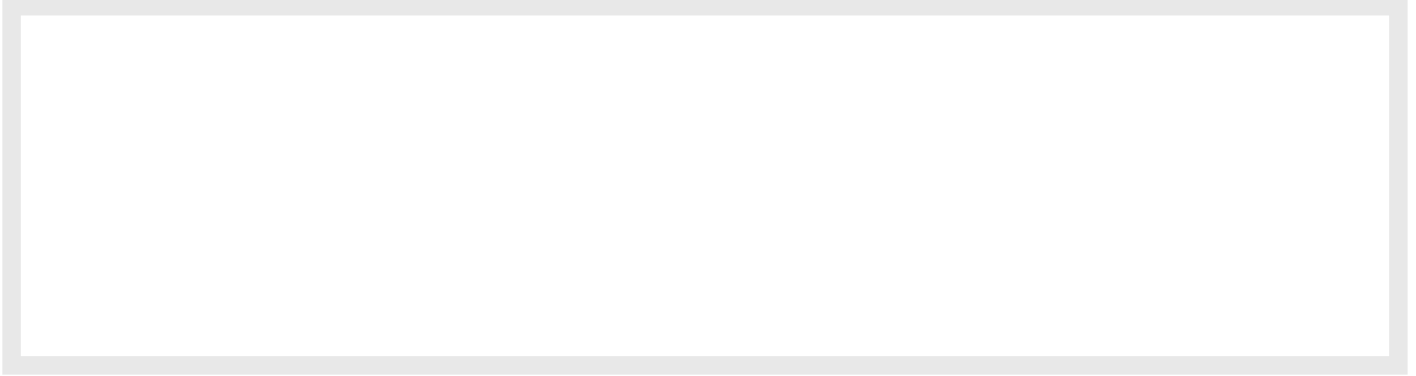
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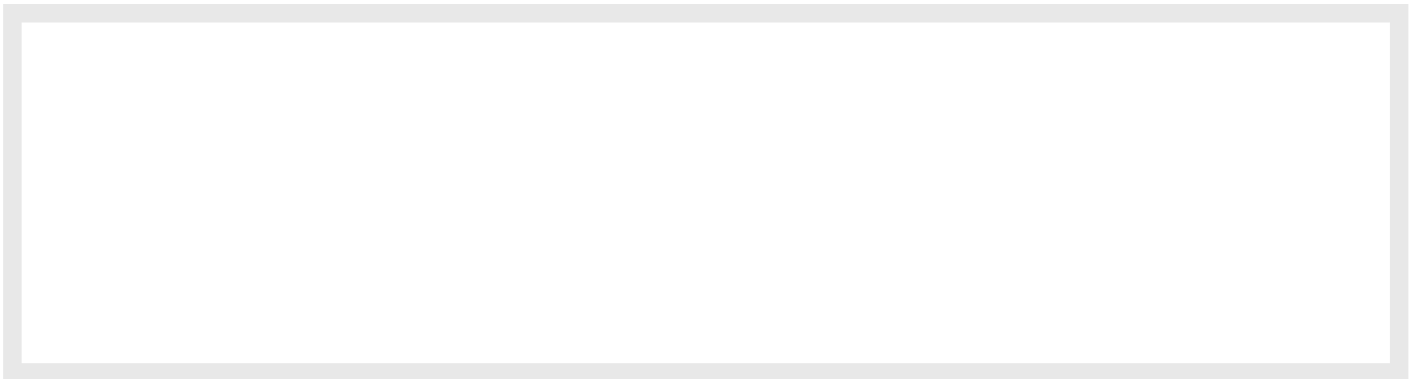
Visualization Exercise:

Imagine you have already attracted your man . . .

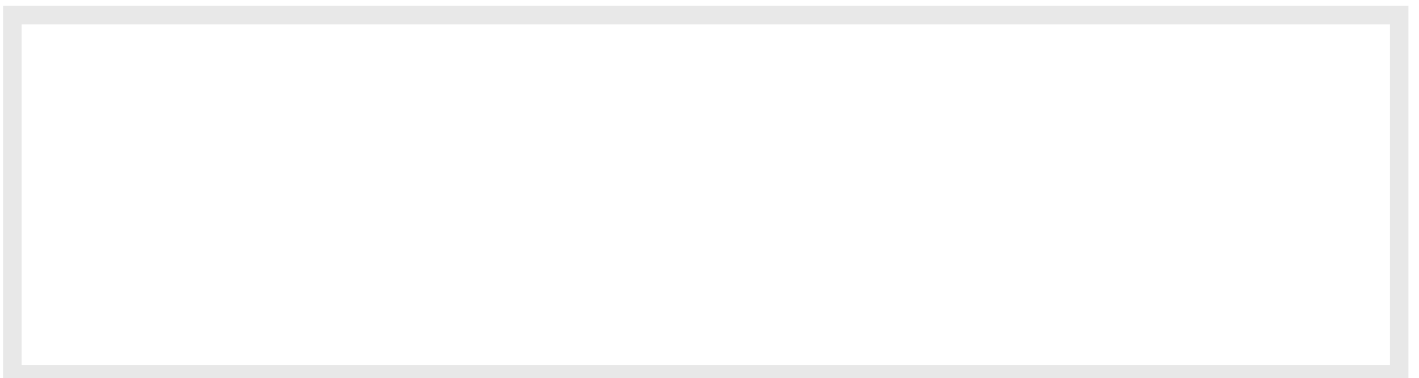
What did you do differently to get here? What actions did you take?



What habits did you develop? What skills did you build?



What did you tell yourself every single day?



Who did you surround yourself with? What kinds of people?

What did you finally let go of to get here?

What would change in your dating and love life if you could put less time and effort into dating AND attract your man faster and easier?

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Episode 8:
How to Read Men Like Books

 Listen on
Apple Podcast

 Listen on Spotify



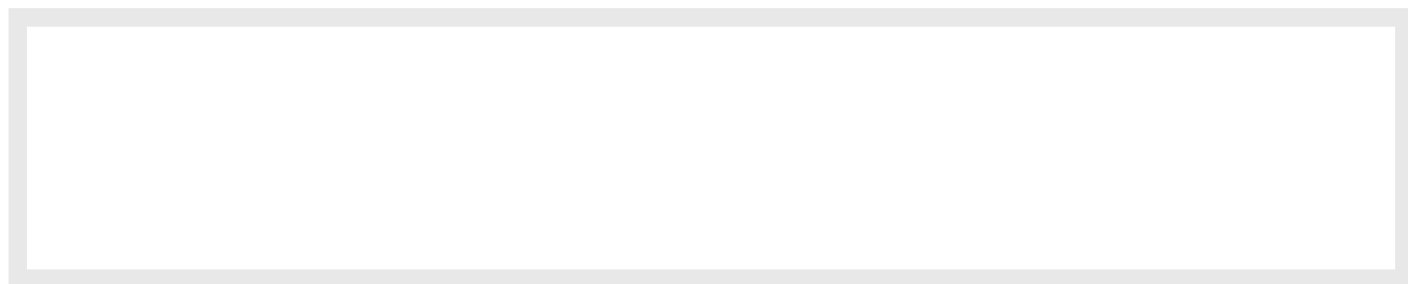
[Click here to listen](#)




Step 1: Get on the waitlist to be one of the first notified when the enrollment opens to Love By Design.

[Click here to get on the waitlist now](#)

Step 2: Share your biggest takeaways and share your results in our [Facebook Group](#).



Contest:

 There's a daily prize on the line for each part of the video series! I'll be revealing the secret hashtag in today's live stream and one lucky lady who creates a post sharing her biggest aha moment from Part 1 will win a \$25 Amazon gift card or other surprise gifts!

Winners will be announced in the following day's live stream, so make sure you're tuning in every time I go live.

And, as a quick reminder, to win some cool prizes at the end of the video training, you must participate in all three training sessions to be eligible!

Here's the link to the all-access page.

[Click here to access](#)

This page is an official directory page. What that means is that all of the information, as it becomes available, all of the training and the recordings are going to be right here.

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<https://soundcloud.com/polinasolda>

Polina Solda

Polina is the founder and CEO of Love by Design. She began coaching professional single women in 2010. She's a master certified coach and a leading Eniostyle Expert in the U.S. who provides an example of what's possible in love. What makes her approach different is that it's based on a proven personality-typing system of Eniostyle. Polina hosts a highly rated podcast on iTunes: Love by Design. She's happily married and lives with her family in New York City. Polina loves yoga, dancing and traveling with her family and friends. She's been featured on CBS, Medium and other media.

